

Health Services Phone: 484-664-3199 Fax: 484-664-3522 healthservices@muhlenberg.edu

Dear Student:

We look forward to providing your allergy shots as prescribed by your allergist. For your safety and to help us efficiently administer your serum, we are providing you with a letter, and an instruction sheet to bring to your allergist. Please ask your allergist to review these carefully. Your allergy shot instructions must be on the allergist's letterhead and signed by the physician.

- When you arrive on campus, <u>please schedule an appointment with a nurse to drop off your</u> <u>serum and administration instructions to Health Services.</u> This will help to ensure there is no delay in your schedule. We are located in the Life Sports Center. Your serum vials and administration record will be reviewed at that appointment.
- We require all allergy patients to carry an emergency kit to all allergy injection appointments. The emergency kit should include the following medications at a minimum:
 - Epi-Pen
 - Benadryl 25mg tablets or liquid
 - Rescue inhaler(s) if prescribed.
- We will give place an Allergy Injection Agreement for you to review and sign in your health portal (under "My Forms"). This serves as a contract between you and our nursing staff.
- After you complete the above steps, we will give you an appointment for your scheduled injection(s). You will be required to wait at the Health Center for thirty minutes following your injection(s) to monitor for a reaction.
- Allergy injections are administered only when a physician is present in the health center.
- It is your responsibility to maintain your allergist's schedule.
- When leaving campus for a period of time that exceeds the scheduled allergy interval (e.g. winter break, summer vacation) you are responsible for taking your serum and instructions with you and obtaining your injections at another location. It is necessary for you to bring verification of dose(s) received upon return to school in order to continue with injections.
- We reserve the right to discontinue giving injections for failure to comply with these guidelines.

There is a charge for administering allergy injections. You are responsible for paying this charge (by cash, check, credit card or Berg Bucks) at the time of the visit. As Muhlenberg College Health Services is not part of any health care network, we cannot guarantee that you will be reimbursed from your health insurance provider for these services.

We look forward to getting to know you and to assisting your allergist with your care.